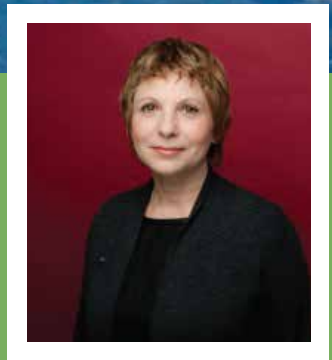


STUCK IN THE VORTEX OF DESPAIR: RESPONDING EFFECTIVELY TO CLIENTS WHO EXPERIENCE COMPLEX POST TRAUMATIC STRESS DISORDER AND DEVELOPMENTAL TRAUMA



NATALIE ZLODRE, MSW, RSW

Natalie Zlodre M.S.W., R.S.W. was Head of the Trauma and Resiliency Centre and Associate Director of Training at the Hincks-Dellcrest Centre. She is currently the Director of Community Resources and Initiatives, a trauma-informed consulting firm in Toronto. Her professional focus is in the areas of: acute trauma, developmental/complex trauma and the impact of trauma on professionals and on mental health services.



Join leading expert on PTSD and DT, Natalie Zlodre, MSW, RSW, as she breaks down some of the chronic and complex reactions that cause those with CPTSD and DT to lack the skills, motivation and support to move on from their past.

Things like emotional deprivation, physical or sexual abuse, mixed with anxiety and disorganized early attachment patterns can all contribute to these serious disorders.

Natalie will demonstrate a range of clinical approaches for responding effectively to CPTSD and DT, and help you to move forward with a clearer understanding of how to work with clients experiencing these disorders.

LEARNING OBJECTIVES:

- How to identify the core characterological features of chronic trauma
- How to distinguish PTSD, CPTSD, BDP and Developmental Trauma
- How to understand, identify and work through client's dissociative coping approaches
- How to understand the intersecting dimensions of insecure attachment and Complex/Developmental Trauma

Date: **October 24 & 25, 2019**

Location: St Paul University
233 Main St.
Ottawa, ON K1S 1C4

Time: 9:00 am - 4:00 pm

Cost: Early Bird
(before October 1, 2019)
\$425 + HST

Regular Admission
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