

Don't miss out!

Community Lung Health Fair

Thursday, November 16th
3:00 pm - 8:00 pm
Croatian Cultural Centre
3250 Commercial Drive, Vancouver



- ✓ Free quit smoking programs & services info
- ✓ Free flu shots for those at high risk
- ✓ Free lung health & breathing test screenings
- ✓ Tips on how to manage your asthma, allergies and COPD medications
- ✓ Info on local air quality and health issues
- ✓ Stay fit tips for those with breathing problems
- ✓ Coffee and snacks and a chance to win prizes!

Call toll-free 1.800.665.4864 or visit lungsforlife.ca

quitnow 

**BRITISH COLUMBIA
LUNG ASSOCIATION**

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