

DAY 1: CREATIVE CBT INTERVENTIONS FOR CHILDREN WITH ANXIETY



LIANA LOWENSTEIN, MSW, RSW

Liana Lowenstein is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families in Toronto since 1988. She presents trainings across North America and abroad. Recent speaking engagements include China, South Africa, Israel, England, and Australia.

She provides clinical supervision to mental health practitioners, runs a play-therapy externship program, and consults to mental health agencies.

In this one-day workshop, Liana Lowenstein, MSW, RSW, will provide a brief overview of Cognitive-Behavioral Therapy (CBT) along with innovative techniques to engage, assess, and treat children with anxiety. Interventions will address core treatment components: Psychoeducation, parenting skills, relaxation, affective expression, cognitive coping, and gradual exposure.

LEARNING OBJECTIVES:

1. Describe the core components of evidence-based CBT for treating anxious children.
2. Discuss the benefits of integrating playful approaches in CBT treatment.
3. Implement creative interventions to engage, assess, and treat anxious children.

DAY 2: CREATIVE INTERVENTIONS FOR CHILDREN AND FAMILIES COPING WITH LOSS

Date: **December 5, 2019**

Location: St Paul University
233 Main St.
Ottawa, ON K1S 1C4

Time: 9:00 am - 4:00 pm

Cost: Early Bird
+ HST (before November 8, 2019)
1 Day \$425; 2 Days \$300

Regular Admission
1 Day \$249; 2 Days \$449

Group and students rates available.
Greater discounts for groups of 10 or more.
Contact the team at MAGentix directly.

**Go to <https://magentix.ca>
for more information or to register**

Accredited Seminars

MAGentix.ca | 613-702-0339





REGISTER | S'INSCRIRE

5 ways to register

- 1) **Online** – Please visit <https://magentix.ca>
- 2) **Email** – Complete the registration form and send it to info@magentix.ca
- 3) **Fax** – Complete the registration form and fax it to 613-702-0339
- 4) **Mail** – Send the completed registration form and cheque to 438-2647 Alta Vista Dr., Ottawa ON K1V 7T5
- 5) **Phone** – Call us at 613-702-0339 or 1-877-895-2867

5 façons de s'inscrire

- 1) **En ligne** – Visitez le <https://magentix.ca>
- 2) **Courriel** – Veuillez compléter le formulaire d'inscription et envoyez-le à info@magentix.ca
- 3) **Télécopie** – Envoyez le formulaire d'inscription au 613-702-0339
- 4) **Poste** – Postez le formulaire d'inscription et votre chèque à l'adresse suivante: 438-2647 Alta Vista Dr., Ottawa ON K1V 7T5
- 5) **Téléphone** – Appelez-nous au 613-702-0339 ou 1-877-895-2867

YOUR INFORMATION | VOS COORDONNÉES

*One form per person. Please print clearly. | Un formulaire par personne. Prière d'écrire clairement et en lettres majuscules.**

Training title | Nom de la formation Cost | Prix 13% HST | TVH Total

First name | Prénom Last name | Nom Organization | Organisation

Address | Adresse City | Ville Province Postal Code | Code postal

Telephone | Téléphone Cellular | Cellulaire Fax | Télécopieur Email | Courriel

If applicable, do you have any food restrictions? Yes No If Yes, what are they?
Avez-vous des restrictions alimentaires? Oui Non Si oui, lesquelles?

How did you hear about us? | Comment avez-vous entendu parler de MAGentix? _____

** To be eligible for Group Rate, all registrations must be mailed/faxed together and paid with one cheque or credit card number. We cannot issue individual receipts for group payments.*

Pour pouvoir bénéficier du prix de groupe, toutes les inscriptions doivent être envoyées ensemble et payées avec un chèque ou un numéro de carte de crédit. Nous ne pouvons émettre de reçus individuels pour les paiements de groupe.

VISA Mastercard Cheque | Chèque* Cheque (to follow) | Chèque (à suivre)*

Cardholder's Name | Nom sur la carte Card Number | Numéro de carte Expiry Date | Date d'expiration CCV | CVD
CVC | CVV

Signature

** Please make cheque payable to MAGentix Communications Inc. / Merci de faire votre chèque au nom de MAGentix Communications Inc.*

Yes, I want to stay informed of upcoming events | Oui, j'aimerais connaître les prochains ateliers.

